

The Phat Italian Breakfast Menu

Breakfast Sandwiches

Egg & cheese on roll.....	\$1.99
Two eggs & cheese on roll.....	\$2.50
Two eggs & cheese w/ choice of bacon, ham, sausage, Taylor pork roll.....	\$3.50
Heart Attack Stack.....	\$4.99
Two eggs & cheese w/ any three meats.....	
Meal Diamond.....	\$4.50
2 eggs, hashbrowns, cheddar cheese & your choice of meat on a roll or your choice of bread.....	

Signature Sandwiches

Beany the Lumberjack	\$3.49
heiny maple ham, two fried eggs, white cheddar or whole grain toast.....	
The Doctor	\$5.99
Three eggs, with sweet forest sausage, hotland peppers, sautéed onions and fresh mozzarella.....	
The Nifty Rings	\$5.99
Two fried eggs, crisp imported pancetta, sweet peppers, and provolone.....	
The Bobby Bakala	\$5.99
Heiny maple ham, sautéed spinach, feta cheese, and shitake mushrooms in a fluffly bun fresh omelet.....	
Winy the Health Nut	\$5.99
sautéed spinach, shitake mushrooms, plain tomatoes, in a fluffly egg white omelet on whole grain toast.....	
The Alcapello Johnny	\$5.99
Two fried eggs with chorizo, Monterey jack cheese, avocado, chipotle sauce on a spinach wrap.....	
The My Way Frankie	\$5.99
order any of our specialties in a wrap, or create your own.....	
Fresh N.Y.C. Bagels	\$2.00
toasted with your choice of: Plant/Vegetable, Sun-dried tomato, Cinnamon Vanilla cream cheese.....	

The Phat Italian Deli

Cold Cuts/Cheese by the pound

DELUXE HAM.....	\$7.69
HONEY MAPLE HAM.....	\$7.79
SEASONED FLIT ROAST BEEF.....	\$8.99
ROASTED TURKEY.....	\$7.89
BLACK FOREST TURKEY.....	\$7.99
CAJUN TURKEY.....	\$7.99
BLOGNA.....	\$4.79
CAPICOLA.....	\$7.89
CHICKEN BREAST.....	\$7.79
CORNIED BEEF.....	\$6.79
MORTADELLA.....	\$5.49
PASTRAMI.....	\$7.99
PEPPERONI.....	\$5.99
PROSCUITTO D'PARMA.....	\$12.79
ROAST PORK.....	\$8.19
GENOA SALAMI.....	\$7.79
HOT SOPPRESSATA.....	\$9.49

CHEESE

MOZZARELLA.....	\$4.89
FRESH MOZZARELLA.....	\$7.49
AMERICAN.....	\$4.89
MILD CHEDDAR.....	\$6.19
MONTEREY JACK.....	\$5.29
PROVOLONE.....	\$5.19
SWISS.....	\$6.49



422-PHAT

(422-7428)

HOURS:

Mon. - Sun. 7am - 12 midnight
Fri. - Sat. 7am - 2am (seasonal)

2584 Killington Rd. - Killington, VT
fax - 422-meal (422-6325)

All Major Credit Cards Accepted



The Phat Italian Lunch Menu

HOT NEW YORK HEROES

CHICKEN PARM.....	\$7.99
EGGPLANT PARM.....	\$7.99
MEATBALL PARM.....	\$6.99

SIGNATURE HOT SANDWICHES

THE AL CAPONE	\$6.99
hot and sweet forest sausage with sautéed hotland peppers and onions on hero.....	
VINNY THE DOUBLE CHIN	\$6.49
broccoli 'n' cheddar with puttanesca and brown mustard on rye.....	
THE MO GIGGLE	\$6.49
crisped beef, sautéed spinach, thousand island dressing, Swiss cheese, ripe cheddar on rye.....	
THE TEPAL DON	\$5.99
Italian grilled cheese: grilled mozzarella, tomato and pesto on tomato/ho bread.....	

PANINI'S

VINNY SHREAKERS	\$6.49
Italian marinated chicken, sautéed spinach, Swiss cheese, and parmesan cheese.....	

JIMMY THE GORIX	\$6.99
grilled chicken, sautéed spinach, feta cheese, black olives, and provolone.....	

JOE THE WOMAN	\$7.49
grilled chicken, portobello mushrooms, sun-dried tomatoes, sautéed hotland peppers w/ aged balsamic vinegar, and virgin olive oil.....	

THE TONY MONTANA	\$6.49
(Italian sandwich) roasted pork, sliced pickles, Swiss cheese, and yellow mustard.....	

THE MEXICAN	\$6.99
grilled chorizo sausage, monterey jack and mozzarella, caramelized onions and avocado.....	

THE SANDWICCI	\$6.99
roast beef, parmesan and mozzarella cheese, sautéed red peppers, onions, lettuce, sun-dried tomato mayo.....	

COLD SANDWICHES

TUNA, CHICKEN SALAD.....	\$6.49	ROLL	\$7.49	HERO
EGG SALAD, B.U.T.'S.....	\$4.99	ROLL	\$5.99	HERO
MORTADELLA, BOLOGNA, PEPPERONI.....	\$5.49	ROLL	\$6.49	HERO
ROAST BEEF, CORNIED BEEF, PASTRAMI, ROASTED PORK.....	\$6.49	ROLL	\$7.49	HERO
BLACK FOREST TURKEY, CAJUN, TURKEY, ROASTED TURKEY.....	\$5.99	ROLL	\$6.99	HERO
DELUXE HAM, HONEY MAPLE HAM, CAPICOLA, GENOA SALAMI.....	\$5.99	ROLL	\$6.99	HERO
SWIFT OR HOT SOPPRESSATA.....	\$6.49	ROLL	\$7.49	HERO

SIGNATURE COLD SANDWICHES

THE COASTY BOE SALAD	\$6.49	ROLL	\$7.49	HERO
grilled chicken, roasted red peppers, fresh mozzarella, pesto mayo on ciabatta.....				
THE GARDEN	\$5.99	ROLL	\$6.99	HERO
prosciutto, sopressata, mortadella, provolone, sun-dried tomatoes, arugula, roasted garlic spread.....				
THE TONY TOO SPICY	\$5.99	ROLL	\$6.99	HERO
capin roasted turkey, roasted red peppers, monterey jack cheese, tomato, lettuce and chipotle mayo.....				

THE MY BLUE HEAVEN	\$5.99	ROLL	\$6.99	HERO
lighted thin sliced prosciutto, sun-dried tomatoes, bellian, olives, and arugula... "It's a vegetable!".....				

THE PHAT ITALIAN	\$6.49	ROLL	\$7.49	HERO
lighted prosciutto, capicola, sopressata, provolone, mozzarella, lettuce, sliced tomatoes, and Italian dressing.....				

FORKED-A-BONNET	\$5.99	ROLL	\$6.99	HERO
imported mozzarella, provolone, sautéed red peppers, with red wine vinegar and olive oil.....				

CARAMEL THE CRANBERRY	\$6.49	ROLL	\$7.49	HERO
oven roasted bearnaise turkey, sliced mushroom cheese, smoked bacon, lettuce, tomato, and cranberry mayo on toasted whole bread... a.k.a. "glubler".....				

EL CALIFORNIO	\$6.49	ROLL	\$7.49	HERO
chicken, avocado, sautéed red peppers, plain tomato and ranch dressing on whole wheat wrap.....				

THE REPUBLIC	\$5.99	ROLL	\$7.99	HERO
capin chicken, garlic croutons, romaine lettuce and caesar dressing in a spinach wrap.....				

COLD SALADS	
SPINACH SALAD W/ PANICETTA, HARD BOILED EGGS, AND RED PEPPERS.....	\$4.49
TOSSED SALAD.....	\$3.99
add chicken, tuna, or beef.....	\$5.99

COLD CASE	
EGG SALAD.....	\$6.99
ANTIPASTO.....	\$6.99
TORTELLINI.....	\$7.99
TUNA, CHICKEN.....	\$5.99
POKED AND MACARONI SALAD.....	\$4.99
COLD SLURP.....	\$4.99
ASSORTED OLIVES AND PEPPERS.....	

FRIES

PLAIN.....	\$1.50	\$2.50
WITH CHEESE.....	\$3.49	\$4.49
WITH MARIANNA & MOZZARELLA.....	\$3.49	\$4.49
WITH CHEESE.....	\$3.49	\$4.49
ADD CARAMELIZED ONIONS TO ANY OF ABOVE.....		\$5.00

SIDES

FRESH KANIOLI (S).....	\$5.99
MOZZARELLA STICKS (S).....	\$5.99
MEATBALLS (2).....	\$1.50
HOT DOG N.Y.C. CHIEF DOG.....	\$2.25

THE KIDS MENU

PB & J.....	\$1.99
THE EGGS (PB & BANANA).....	\$2.49
GRILLED CHEESE.....	\$1.99

DESSERTS

ASSORTED ITALIAN PASTRIES, CAKES, AND CANNOLIS



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Proudly Serving
Bears Head Meats