

## The Phat Italian Breakfast Menu

### Signature Breakfast Sandwiches

- Benny the Lumberjack..... \$3.99  
honey maple ham, two fried eggs, white cheddar on whole grain toast
- The Doctor..... \$5.99  
Three eggs, with sweet fennel sausage, Holland peppers, sautéed onions and fresh mozzarella
- The Bobby Bakala ..... \$5.99  
Honey maple ham, sautéed spinach, feta cheese, and shiitake mushrooms in a fluffy farm fresh omelet
- Vinny the Health Nut ..... \$5.99  
sautéed spinach, shiitake mushrooms, plum tomatoes, in a fluffy egg white omelet on whole grain toast
- The Alcapulco Johnny..... \$5.99  
Two fried eggs with chorizo, Monterey jack cheese, avocado, chipotle sauce on a spinach wrap
- Neal Diamond..... \$5.99  
2 eggs, hashbrown, cheddar cheese & your choice of meat on a roll or your choice of bread
- Heart Attack Stack ..... \$5.99  
2 eggs & cheese w/any three meats
- The My Way Frankie ..... \$3.99  
order any of our specialties in a wrap, or create your own
- Fresh N.Y.C. bagel w/ choice of creamcheese ..... \$2.99  
toasted with your choice of: Plain, Vegetable, Sun-dried tomato, Cinnamon Vanilla cream cheese
- Toasted N.Y.C. bagel w/ butter.....\$1.99



## The Phat Italian Deli

### Cold Cuts (Priced accordingly per pound)

- DELUXE HAM.....
- HONEY MAPLE HAM.....
- SEASONED FILET ROAST BEEF.....
- ROASTED TURKEY.....
- BLACK FOREST TURKEY.....
- CAJUN TURKEY.....
- BOLOGNA.....
- CAPICOLLA.....
- CORNED BEEF.....
- MORTADELLA.....
- PASTRAMI.....
- PEPPERONI.....
- PROSCIUTTO DIPARMA.....
- ROAST PORK.....
- GENOA SALAMI.....
- HOT SOPRESSATA.....

### CHEESE (Priced accordingly per pound)

- MOZZARELLA.....
- HOMEMADE PHAT ITALIAN MOZZARELLA.....
- AMERICAN.....
- MILD CHEDDAR.....
- MONTEREY JACK.....
- PROVOLONE.....
- SWISS.....
- MUENSTER.....

the  
**Phat Italian**



**422-PHAT (7428)**

### SUMMER HOURS:

**STORE: Mon - Sun; 6 a.m. - 10 p.m.**

**DELI: Mon - Sun; 6 a.m. - 7 p.m.**

### WINTER HOURS:

**STORE: Sun - Thurs; 6 a.m. - 12 a.m.**

**Fri - Sat; 6 a.m. - 2 a.m.**

**DELI: Sun - Thurs; 6 a.m. - 8 p.m.**

**Fri - Sat; 6 a.m. - 10 p.m.**

**2384 Killington Rd. \* Killington, VT**  
**Fax - 422-MEAL (422-6325)**



### HOT NEW YORK HEROES

CHICKEN PARM .....	\$9.99
EGGPLANT PARM .....	\$9.99
MEATBALL PARM .....	\$9.99
JIMMY TWO TIME .....	\$9.99
meatball & chicken parm	

### SIGNATURE HOT SANDWICHES

THE AL CAPONE .....	\$9.99
hot and sweet fennel sausage with sautéed holland peppers and onions on a hero	
VINNY THE DOUBLE CHIN .....	\$7.99
"brooklyn style" overstuffed with pastrami and brown mustard on rye	
THE MO GREEN .....	\$7.99
corned beef, sauerkraut, thousand island dressing, Swiss cheese, open faced on rye	
THE TEFLON DON .....	\$7.49
italian grilled cheese: grilled mozzarella, tomato and pesto on semolina bread	
ROCKY BALBOA .....	\$9.99
steak and cheese w/mushrooms, onions, & peppers	
CISCO KID .....	\$8.49
chicken cutlet w/bacon, red onions, ceddar cheese, & bbq	
(THE BEAST) .....	\$9.99
grilled roast beef with bacon, roasted reds, red onion, melted provolone cheese & horse radish mayo	
add 2 fried eggs .....	\$1.00

### PANINI'S

VINNY SNEAKERS .....	\$7.99
italian marinated chicken, sautéed spinach, swiss cheese, and parmesan cheese	
JIMMY THE GREEK .....	\$7.99
grilled chicken, sautéed spinach, feta cheese, black olives	
JOEY THE WOMAN .....	\$7.99
grilled zucchini, portobello mushrooms, sun dried tomatoes, roasted holland peppers w/ aged balsamic vinegar, and virgin olive oil	

THE MEXICAN .....	\$7.99
grilled chorizo sausage, monterey jack and mozzarella, caramelized onions and avocado	

THE SARDUCCI .....	\$7.99
roast beef, parmesan and mozzarella cheese, roasted red peppers, onions, sun dried tomato mayo	

### COLD SANDWICHES

TUNA or CHICKEN SALAD .....	\$6.99 ROLL \$7.99 HERO
EGG SALAD or BLT'S .....	\$5.99 ROLL \$6.99 HERO
MORTEDELLA or BOLOGNA, PEPPERONI .....	\$6.49 ROLL \$7.49 HERO
ROAST BEEF or CORNED BEEF, PASTRAMI or ROASTED PORK .....	\$7.49 ROLL \$8.49 HERO
BLACK FOREST TURKEY or CAJUN TURKEY, ROASTED TURKEY .....	\$7.49 ROLL \$8.49 HERO
DELUXE HAM or HONEY MAPLE HAM, GENOA SALAMI or CAPICOLLA .....	\$7.49 ROLL \$8.49 HERO
HOT SOPRESSATA .....	\$7.49 ROLL \$8.49 HERO

## The Phat Italian Lunch Menu

### SIGNATURE COLD SANDWICHES

THE CRAZY JOE GALLO .....

\$7.49 ROLL	\$8.49 HERO
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grilled chicken, roasted red peppers, fresh mozzarella, pesto mayo, on a ciabatta

THE GAMBINI .....

\$7.99 ROLL	\$8.99 HERO
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prosciutto, sopressata, mortadella, provolone, sun dried tomatoes, arugula, roasted garlic spread

THE TONY TOO SPICY .....

\$7.99 ROLL	\$8.99 HERO
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cajun spiced turkey, roasted red peppers, monterey jack cheese, tomato, lettuce and chipotle mayo

THE PHAT ITALIAN .....

\$7.99 ROLL	\$8.99 HERO
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imported prosciutto, cappicola, sopressata, provolone, mozzarella, lettuce, sliced tomatoes, and Italian dressing

CARMINE THE CRANBERRY .....

\$7.99 ROLL	\$8.99 HERO
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oven roasted boars head turkey, sliced muenster cheese, smoked bacon, lettuce, tomato, and cranberry mayo on toasted white bread .... a.k.a. "gobbler"

EL CALIFORNIO .....

\$7.49 ROLL	\$8.49 HERO
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chicken, avocado, roasted red pepper, plum tomato and ranch dressing on a whole wheat wrap

THE REPTILE .....

\$7.49 WRAP	
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cajun chicken, garlic croutons, romaine lettuce and caesar dressing in a spinach wrap

THE JERSEY JOEY .....

\$7.99 ROLL	\$8.99 HERO
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Pastrami, turkey, swiss cheese, coleslaw, & thousand island dressing

THE PHAT STALLION .....

\$7.99 ROLL	\$8.99 HERO
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cracked pepper turkey, red onion, tomato, bacon, pepper jack cheese, & thousand island dressing

THE TOMMY BABY .....

\$7.49 ROLL	\$8.49 HERO
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maple honey ham & maple honey turkey w/cucumbers, green peppers, cheddar cheese, honey mustard

### FRESH TOSSED SALADS

GREEN SALAD .....	SM \$4.99	LG \$5.99
CAESAR .....	SM \$4.99	LG \$6.99
CHICKEN CAESAR .....	SM \$6.49	LG \$7.99
CHEF .....	SM \$6.99	LG \$7.99
SPINACH .....	SM \$5.99	LG \$6.99

pancetta, hard boiled eggs, roasted red peppers

### SIDE SALADS (Priced accordingly per pound)

TORTELLINI SALAD .....	
PASTA SALAD .....	
MACARONI SALAD .....	
COLE SLAW .....	
POTATO .....	
GERMAN POTATO .....	

Proudly Serving  
Boars Head Meats



### FRIES & SIDES

	SM.	LG.
PLAIN .....	\$2.49	\$3.49
WITH GRAVY .....	\$3.49	\$4.49
WITH MARINARA & MOZZARELLA .....	\$3.49	\$4.49
WITH CHILI & CHEESE .....	\$4.49	\$5.49
MOZZARELLA STICKS (6) .....	\$5.99	

### DESSERTS

STOP IN AND TRY OUR NYC CAKES, COOKIES, AND PIES DELIVERED DAILY, AS WELL AS OUR ASSORTED ITALIAN PASTRIES AND CANNOLIS.

## JUICE BAR

SMOOTHIES .....

\$5.99
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### STRAWBERRY

**BANANA FRENZY**  
Non-Fat Vanilla Frozen Yogurt, Apple Juice, Strawberries, Bananas

### ORANGE PASSION

Non-Fat Vanilla Frozen Yogurt, Orange Juice, Smooth PB, Strawberries, Bananas, Pineapple



### P.B. GOES BANANAS

Non-Fat Vanilla Frozen Yogurt, Milk, Smooth PB, Bananas

### BANGIN BLUEBERRY

Non-Fat Vanilla Frozen Yogurt, Apple Juice, Blueberries, Bananas

### BERRYLICIOUS

Blueberries, Strawberries, Raspberries, Cranberry and Raspberry Juice, Non-Fat Vanilla Frozen Yogurt

### RASPBERRY WHIRL

Raspberries, Strawberries, Bananas, Cranberry and Raspberry Juice, Non-Fat Vanilla Frozen Yogurt

### MOCHA JOLT

Coffee, Chocolate Syrup, Non-Fat Milk, Non-Fat Vanilla Frozen Yogurt

FRESH SQUEEZED JUICES .....

\$4.99
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### CARROTOPIA

Carrot, Orange

### THE PICK ME UP

PERFECTION  
Carrot, Apple, Beet Ginger

### THE MORNING MACHINE

Orange, Grapefruit

### THE DAILY DETOX

Apple, Carrot

### THE FLU FIGHTER

Pineapple, Carrot, Ginger, Orange

### THE ROCS DELIGHT

Apple, Ginger, Lemon

# (802) 422-PHAT

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